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The Energy Bus Jon Gordon

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You Are Awesome John Wiley & Sons

An instant #1 international bestseller! From Neil Pasricha—New York Times, million-copy bestselling author of *The Book of Awesome* series and *The Happiness Equation*, thought leader for the next generation, and one of the most popular TED speakers in the world—comes a revelatory and inspiring book that will change the way we view failure and help us build resilience. Why is life getting harder instead of easier? How do I get back up after life knocks me down? And how do I grow stronger and live more intentionally? We no longer have the tools to handle failure...or even perceived failure. When we fall, we lie on the sidewalk crying. When we spill, we splatter. When we crack, we shatter. We are turning into an army of porcelain dolls. Cell phones show us we're never good enough. Yesterday's butterflies are tomorrow's panic attacks. Record numbers suffer from anxiety, depression, and loneliness. What do we need to learn? RESILIENCE. And we need to learn it fast. Let this #1 international bestseller teach you: -The 2-minute morning practice that helps eliminate stress - What every commencement speech gets wrong -3 questions that help tell yourself a different story -The single word that keeps your options open after failure -Why you need an Untouchable Day (and how to get one) ...and much, much more! Because the truth is, you really are awesome.

Training Camp John Wiley & Sons

Audrey "Sunshine" Monke, mother of five and camp owner-director, shares nine powerful parenting techniques-inspired by the research-based practices of summer camp-to help kids thrive and families become closer. Research has proven that kids are happier and gain essential social and emotional skills at camp. A recognized parenting expert, Audrey Monke distills what she's learned from thousands of interactions with campers, camp counselors, and parents, and from her research in positive psychology, to offer intentional strategies parents can use to foster the benefits of camp at home. Our screen-obsessed,

competitive society makes it harder than ever to raise happy, thriving kids. But there are tried-and-true methods that can help. Instead of rearing a generation of children who are overwhelmed, anxious, depressed, and who struggle to become independent, responsible adults, parents can create a culture that promotes the growth of important character traits and the social skills kids need for meaningful, successful lives. Thousands of parents attest to the "magical" benefits of summer camp for their kids, noting their children return more joyful, positive, confident, and resilient after just a few weeks. But you can learn exactly what it takes to promote these benefits at home. Complete with specific ideas to implement the most effective summer camp secrets, *Happy Campers* is a one of a kind resource for raising happy, socially intelligent, successful kids.

The Coffee Bean Penguin

An illustrated adaptation of the bestselling business fable, *The Energy Bus*, teaches children the benefits of staying positive In this illustrated adaptation of the bestselling fable, *The Energy Bus*, author Jon Gordon shows children how to overcome negativity, bullies and everyday challenges to be their best. *The Energy Bus For Kids* is a story that will teach kids how to find their inner motivation and pass on that positive energy to others. *The Energy Bus For Kids* presents five rules for the "Ride of Your Life" Teaches kids how to fuel your ride with positive energy Shares with kids how to love the people you share your journey with and how to enjoy the ride Positive kids become positive adults. So get kids on the *Energy Bus* and infuse their lives with a newfound vision, attitude, and positivity.

Summary of Jon Gordon's The Energy Bus by Swift Reads John Wiley & Sons

Negativity in the workplace costs businesses billions of dollars and impacts the morale, productivity and health of individuals and teams. "In *The No Complaining Rule: Positive Ways to Deal with Negativity at Work*, Jon Gordon, a bestselling author, consultant and speaker, shares an enlightening story that demonstrates how you can conquer negativity and inspire others to adopt a positive attitude." Based on one company's successful *No Complaining Rule*, the powerful principles and actionable plan

are practical and easy-to-follow, making this book an ideal read for managers, team leaders and anyone interested in generating positive energy.

The Energy Bus for Kids John Wiley & Sons

A guidebook to successful leadership explains that by looking at an organization as a bus and the employees as the people on it, managers can identify who is helping the bus move, and who is hindering it.

The Energy Bus Simon and Schuster

We are overstressed, overworked and overtired - and things aren't getting any easier. The days are getting shorter while our to-do lists are getting longer. The pace of life gets faster and the demands increase. We attempt to fight back with caffeinated drinks and candy bars hoping to get it all done before we crash. This is false energy...but Jon Gordon gives us the real thing. Gordon encourages us to become Energy Addicts using a few or all of the simple, effective physical, mental, and spiritual strategies in this book, including: Eat early and well, hydrate, exercise, nap, connect with nature Neutralize energy vampires, master the flow of money, embrace the energy of silence Connect (with others and yourself), lead with your heart, learn to love and challenge life Practical, common-sense, sometimes counterintuitive, Jon Gordon shows how we can become addicted to positive energy and habits, making small changes in our lives that will produce big results.

The Shark and the Goldfish John Wiley & Sons

Buy now to get the main key ideas from Jon Gordon's *The Energy Bus* Positive people and positive teams manifest positive outcomes. The key ingredient? Positive energy. In *The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy* (2007), Jon Gordon explains how to cultivate positive energy in your life and career, which you then can share with your coworkers, customers, organization, team, friends, and family. Gordon uses the extended metaphor of a bus you are driving to make his points, hence the title. When you apply the 10 rules, you'll find more happiness, more success, better performance, inspired teamwork, and significant results. We are all members of a team, and the 10 simple, powerful rules shared by Gordon can

benefit any member of the team, whether it's our work team, school team, sports team, family, or religious group.

Stop Living on Autopilot John Wiley & Sons

Details a simple, yet effective management system based on three fundamental strategies for earning raises, promotions, and power in business.

The Power of Positive Leadership Center Street

Enjoy the ride of your life with the Wall Street Journal bestseller. None of us can expect to get through life without any challenges. Life isn't always a constant daydream of unbridled pleasure and happiness. But that doesn't mean you can't approach everything with some zing – a big dose of positive energy is what you need to feel great, be successful and love life! And the international bestselling *The Energy Bus* can help you live your life in a positive, forward-thinking way. Learn the 10 secrets that will help you overcome adversity and harness the power of positive, infectious energy, so that you can create your own success.

International bestselling author Jon Gordon draws on his experience of working with thousands of leaders and teams to provide insights, actionable strategies and positive energy. *The Energy Bus*: Shows you how to ditch negativity and infuse your life with positive energy Provides tools to build a positive team and culture Contains insights from working with some of the world's largest companies Foreword by Ken Blanchard, co-author of *The One-Minute Manager*

The Seed Wiley

We are not positive because life is easy. We are positive because life can be hard. As a leader, you will face numerous obstacles, negativity, and tests. There will be times when it seems as if everything in the world is conspiring against you and your vision seems more like a fantasy than a reality. That's why positive leadership is essential! Positive leadership is not about fake positivity. It is the real stuff that makes great leaders great. The research is clear. Being a positive leader is not just a nice way to lead. It's the way to lead if you want to build a great culture, unite your organization in the face of adversity, develop a connected and committed team and achieve excellence and superior results. Since writing the mega best seller *The Energy Bus*, Jon Gordon has worked and consulted with leaders who have transformed their companies, organizations and schools, won national championships and are currently changing the world. He has also

interviewed some of the greatest leaders of our time and researched many positive leaders throughout history and discovered their paths to success. In this pioneering book Jon Gordon shares what he has learned and provides a comprehensive framework on positive leadership filled with proven principles, compelling stories, practical ideas and practices that will help anyone become a positive leader. There is a power associated with positive leadership and you can start benefiting yourself and your team with it today.

The No Complaining Rule John Wiley & Sons

Learning to be thankful in a beautiful story Thank You and Goodnight is a beautifully illustrated book that shares the heart of gratitude. Jon Gordon takes a little boy and girl on a fun-filled journey from one perfect moonlight night to the next. During their adventurous day and night, the children explore the people, places and things that they are thankful for. The two tots in Thank You and Goodnight learn that being thankful makes ice cream taste better, butterflies look more beautiful, and weekend days seem longer. "Thank you" is a phrase that will brighten any kid's day and help them get a good night's sleep. Jon Gordon's bestselling books and talks have inspired readers and audiences around the world. He is the author of numerous books on leadership and teamwork and several children's books including *The Energy Bus for Kids*. Jon invites you to visit and connect with him on his website www.JonGordon.com and on Twitter @JonGordon11. Donald Wallace, illustrator, animator and designer loves to work in all directions of the visual story: animation and movies, books, games, commercials, music videos, and theme park rides. This is his third collaboration with Jon Gordon. Donald's constant mission: spread light and keep the kid alive in all of us. Visit Donald's website, www.wallyhood.com.

The Carpenter John Wiley & Sons

From the authors who created the One Word movement, impacting schools, businesses, and sports teams around the world, comes a charming fable that can be read and shared by everyone. If you could choose only one word to help you have your best year ever, what would it be? Love? Fun? Believe? Brave? It's probably different for everyone. How you find your word is just as important as the word itself. And once you know your word, what do you do with it? In *One Word for Kids*, bestselling author Jon Gordon—along with coauthors Dan Britton

and Jimmy Page—asks these questions to children and adults of all ages, teaching an important life lesson in the process. This engaging, fully illustrated fable follows Stevie, a young boy falling asleep on the first day of school. His teacher gives the class an assignment: to find the one word that will help them have their best year ever. To discover their one word, they must look inside themselves, look up, and look out. At home, Stevie is upset because he can't find his word. After his dad offers some helpful advice, Stevie excitedly begins the quest for his word. His search helps him discover a lot about himself, what he loves, and what is important to him. An easy read with a powerful message, *One Word for Kids* appeals to readers of all ages and is an ideal entry point into discussing a valuable lesson in a fun and engaging way. *The Jon Gordon Power of Positivity, E-Book Collection* Simon and Schuster

A Road Map for living and implementing the 10 Principles of The Energy Bus *The Energy Bus Field Guide* is your roadmap to fueling your life, work and team with positive energy. The international bestseller *The Energy Bus* has helped millions of people from around the world shift to a more positive outlook; the story of George and Joy bus driver has resonated with people from all walks of life, each with their own individual vision of "success." This guide is designed as a practical companion to help you live and share the ten principles every day, with real, actionable steps you can immediately put into practice in your life, work, team and organization. Navigate the twists and turns that sabotage success. Cultivate positive energy and bring out the best in your team. Create a compelling vision for your life and team. Cultivate positivity and remove negativity from your life and organization. Learn how every day people and organizations utilized the Energy Bus to create amazing success and results. Filled with insightful questions, practical action steps, best practices and inspiring case studies you'll be equipped to energize yourself and your team in new and powerful ways. Whether it's a family team, work team, sports team, or school team, everyone benefits from getting on the bus.

The Energy Bus Field Guide John Wiley & Sons

The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy (2007) by Jon Gordon is an allegorical tale that teaches readers to cultivate an optimistic attitude for increased personal and professional fulfillment. The book focuses on the

fictional story of a miserable worker named George whose pessimism has nearly cost him both his job and his marriage... Purchase this in-depth summary to learn more.

Stay Positive John Wiley & Sons

An inspiring story with lessons on teamwork—written for kids, but valuable to everyone Adapted from Jon Gordon’s bestseller *The Hard Hat*, *The Hard Hat for Kids* is an inspiring story that teaches children how to be a great teammate. An engaging tale that resonates with all children, the 10 Ways to be a Great Teammate and the “We before Me” philosophy, make this book an enjoyable read and an invaluable teaching tool for coaches, teachers, and parents. *The Hard Hat for Kids* presents practical insights and life-changing lessons that are immediately applicable to everyday situations, giving kids—and adults—a new outlook on cooperation, friendship, and the selfless nature of true teamwork. Mickey is a spunky talented basketball lover who has always dreamed about playing on her school’s team. On the first day of practice, she learns of a special award given to the best teammate—and soon discovers that there is a big difference between being the best player and being the best teammate. What follows is an unforgettable story about selflessness, loyalty, hard work, and compassion, and a clear lesson on putting the team first. Author Jon Gordon is a renowned storyteller with a knack for making life lessons stick. For this book he has teamed up with Dr. Lauren Gallagher, a school psychologist and mental skills coach who shares her passion for bringing valuable lessons to children in a way that is fun and educational. Fittingly, Dr. Gallagher is also the wife of Jon’s college lacrosse teammate at Cornell University where the *Hard Hat* tradition began. This book continues Jon’s unique way of merging everyday wisdom with practical advice to make you better at everything that you do. *The Hard Hat for Kids* tells a moving story of teamwork and friendship which is sure to be enjoyed by families, sports teams, and classrooms of children everywhere.

The Energy Bus for Kids Swift Reads

Great relationships don’t happen by accident—they take commitment, hard work, and grit Bestselling author Jon Gordon is back with another life-affirming book. This time, he teams up with Kathryn Gordon, his wife of 23 years, for a look at what it takes to build strong relationships. In *Relationship Grit*, the Gordons reveal what brought them together, what kept them together through

difficult times, and what continues to sustain their love and passion for one another to this day. They candidly share their mistakes, decisions that almost destroyed their marriage, and successes so you can learn from their experiences and make your relationship stronger. If you’re a fan of Jon Gordon’s work, you will enjoy learning about the man behind the message, as he and Kathryn share the intimate details of their life together. The direct, transparent, and personal style will draw you in and help you see that, if you are dealing with a challenge in your life and relationship, you are not alone. Working, writing, and raising children hasn’t always been easy for the Gordons, but by committing to one another and embracing the principles of G. R. I. T., they emerged from their darkest moments and built a deep and lasting love. In *Relationship Grit*, they speak candidly about what they have learned and how you can develop the grit to build beautiful relationships. Discover—in their own words—what Jon and Kathryn have learned about staying together during their 23-year marriage Learn the four principles of G. R. I. T. that you can embrace today to build the high quality relationships you want and deserve Find the strength you need to confront your past, overcome your flaws, and change for the better to improve you and your relationship. Embrace the Gordons’ practical advice including 22 quick tips for a great relationship—11 from Kathryn and 11 from Jon—and start making your relationship the best it can be Relationships—particularly marriages—are about imperfect people coming together to work on their individual flaws and emerge stronger together. *Relationship Grit* will inspire and motivate you to engage in this remarkable and rewarding process.

The Hard Hat for Kids John Wiley & Sons

An illustrated business fable that gives you the faith, courage and confidence to win in today's tough economic climate Fear and uncertainty are staples of daily life in today's struggling economy. As bad as things can be, economic downturns also lead to new opportunities. It's easy to worry, give up and let fear paralyze you. However, you have more control than you think you do and how you handle adversity is your choice-and the only choice that matters. In fact, study history and you'll find that a lot of people and organizations made a name for themselves and grew their businesses during recessions and downturns. These successful people and organizations all shared similar characteristics and

took similar actions to thrive while others merely tried to survive. You can do the same. In *The Shark and the Goldfish*, Jon Gordon shares an inspiring fable about Gordy, a pampered goldfish who gets swept out to sea. Desperate for food, Gordy meets a kind shark who teaches him the ultimate lesson-Goldfish wait to be fed. Sharks go find food. Gordy also learns that the difference between a full and empty stomach is our faith, beliefs and actions. In the face of adversity and lean times, this is a business fable that reinforces a proven truth: You can't control the events in your life. But you can control how you respond and in turn this determines the outcome. A business fable that teaches valuable lessons on the importance of working hard, maintaining a locus of control and focusing on positive choices instead of negative voices, Written by Jon Gordon, bestselling author of *The Energy Bus* and *The No Complaining Rule Reveals* how change is inevitable-but that you can make it your friend or foe. Provides an action plan filled with tips and strategies to thrive during change and adversity If you're facing tough economic times, *The Shark and the Goldfish* will motivate you, inspire you, and give you the confidence you need to thrive during changing times.

Stick Together John Wiley & Sons

Learn to live and lead with enthusiasm and optimism, impact your team, and transform your culture In *Row the Boat*, Minnesota Golden Gophers Head Coach P.J. Fleck and bestselling author Jon Gordon deliver an inspiring message about what you can achieve when you approach life with a never-give-up philosophy. The book shows you how to choose enthusiasm and optimism as your guiding lights instead of being defined by circumstances and events outside of your control. Discover how to put the three key components of row the boat into practice in your life: The Oar: The energy. Only you can dictate whether your oar is in the water or whether you take it out and decide not to use it. The Boat: The sacrifice. The more you give, serve, and make your life about helping others, the better and more fulfilled your life will be, and the bigger your boat gets. The Compass: The direction. The vision you have for your life and the people you surround yourself with help create the dream of where you want to go. Perfect for athletes, coaches, business leaders, and anyone else who hopes to squeeze a little more enjoyment and productivity out of life, *Row the Boat* will propel leaders, teams, and organizations to greater heights than they have ever reached before.

Summary of Jon Gordon's The Energy Bus Artisan Books

The Garden is an enlightening and encouraging fable that helps readers overcome The 5 D's (doubt, distortion, discouragement, distractions, and division) in order to find more peace, focus, connection, and happiness. Jon tells a story of teenage twins, who through the help of a neighbor and his special garden, find ancient wisdom, life-changing lessons, and practical strategies to overcome the fear, anxiety, and stress in their lives. Whether you are dealing with fear, anxiety, and stress yourself, have a family member that struggles, or are a mental health expert that works with clients, if any of the ideas in this book can be useful to you or the people you love and care about, then it's worth a walk through The Garden to discover ways to persevere through life

with the power of faith, hope, and love.

The One Minute Manager John Wiley & Sons

Get the results, recognition, and reputation you deserve In TIP, Dave Gordon tells the engaging and motivating story of Brian Davis, an average salesperson who is fired without warning for being average. After 10 years at the same company, he is suddenly faced with no immediate prospects, an uncertain future, and a young family to support. With minimal savings, and determined to not lose everything he's worked for, he reluctantly takes the only job he can get at a popular bar and restaurant called Crossroads. Guided by an unlikely mentor, and insightful colleagues and customers in an unforgiving environment of relentless customer service, he learns the four simple principles

of TIP to take control of his life, his career, and his future: 1. Enhanced self-awareness 2. Confident communications 3. Commitment-based actions 4. Fulfillment of a unique value promise TIP is a timeless, inspirational story created to remind anyone in a position judged by performance that the only way to achieve continued recognition and growth in work and life is to take personal accountability for your reputation and results. Whatever your role, or level of success in your career, TIP is a guide that will help you discover, or remember, how to consistently bring unique value to your team, your organization, and your most important customers. This easy read will provide a strategy for personal success, complete with coaching and action plans.