
Narrative Therapy For The Elderly

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The Aging Enterprise Springer

In its brief but vigorous history, gerontology has spawned a broadening range of specializations. One of the newest of such specializations is narrative gerontology, so named for its emphasis on the biographical, or inside, dimensions of the experience of aging. Telling stories about our world, our relationships, and ourselves is fundamental to how we make meaning. Everything from our history to our religion and our memories to our emotions is linked to the tales we tell ourselves, and others, about where we have come from and where we are going. They are central to who we are. The

biographical side of human life is every bit as critical to fathom as the biological side, if we seek a more balanced, positive, and optimistic perspective on what aging is about; if we would honor the dignity and complexity, the humanity and uniqueness of the lives of older persons, no matter what their health or economic standing. In this respect, a narrative approach is particularly suited to the exploration of such topics as meaning, spirituality, and wisdom, and the connections they share. This volume reflects a selection of new directions and insights, and constitutes a general broadening and deepening of narrative gerontology, exploring its implications for theory and research in the field of aging, and for the quality of life of older adults themselves. Such deepening indicates a greater refinement of thought, method, and intervention. The evolution of

narrative gerontology is also evidenced by a significant increase in the number of faculty and graduate students engaged in research in this area, as well as by increasing collaboration among researchers, practitioners, and administrators in applying narrative insights to contexts such as long term care - indeed, healthcare in general. These initiatives have given rise to the phrase, "narrative care as core care".

Narrative Therapy SAGE Publications Limited

Dr. Carroll Estes has long been recognized as one of our most influential social gerontologists beginning with the publication of the *Aging Enterprise*. The process of aging over the life course is affected by biological and psychological factors, but a sociological perspective makes an important contribution to our

understanding of aging by explicating how social, economic, and political forces shape the aging experience. This book quickly achieved iconic status among gerontologists and other social scientists as one of the founding texts in critical gerontology.

Narratives of Positive Aging Routledge
This provocative volume guides practitioners and future practitioners alike to use strengths-based interventions in helping older adults to help themselves and improve their quality of life by reinforcing and valuing their age, wisdom, and experiences. This book's renowned authors emphasize an extremely practical, strengths-based, multidisciplinary--social, physical, psychological, and spiritual--approach to therapy with older adults, and an abundance of detailed case studies shows you how it can be applied. Learn innovative ways to focus interventions on older adults' remaining strengths and successful coping strategies using principles of autonomy and consumer empowerment to increase quality of life solution-focused therapies reformulated constructs about retirement creative approaches to aging, such as transpersonal gerontology cultural competence in care management narrative therapies strengths-based treatment of traumas new concepts of nursing facility care and more This is the textbook for students in undergraduate, graduate, or certificate programs in social work, gerontology, psychology/psychotherapy, geropsychiatry, counseling, and marital and family therapy. Plus, providers of mental health care, pastoral counseling, care/case management, and allied health care providers will find inspiration and guidance for working with today's burgeoning population of elders.

Narrative Social Work W. W. Norton & Company

The authors of this volume take as their starting point "striking moments" in their practice with older people, their families and other practitioners. They integrate these with current systemic thinking to offer new perspectives on working with older people in a range of physical health, mental health and social care contexts. This book is practice led and contains a wealth of examples that will be familiar both to practitioners working with older people and to older people themselves and their families. The authors, all experienced clinicians, place an emphasis on how systemic and narrative approaches might relate to these real world dilemmas and point to ways forward in working with older people in a world where social

isolation, ageism and discrimination are commonplace.

Maps of Narrative Practice Routledge
Presenting a compelling evidence base for narrative therapy. Narrative therapy introduces the idea that our lives are made up of multiple events that can be strung together in many possible stories. These stories can be developed to find richer (or "thicker") narratives, and thus release the hold of negative ("thin") narratives upon the client. Replete with case examples from clinical practice, this is the first book to present a compelling evidence base for narrative therapy, interweaving practice tips, training, and research. The book's rigorous, research-based approach meets the increasing demand on therapists to demonstrate the effectiveness of their approach, critically reflecting on both process and outcomes, expanding on the concept of evidence-based practice.

Aging Our Way Routledge
Reprints and contextualizes the transcripts of Tom Andersen, Harlene Anderson, and Michael White Andersen, Anderson, and White have shaped the dialogical, collaborative, and narrative therapies Allows readers a glimpse into Andersen, Anderson, and White's journeys and therapies, as well as their wisdom, compassion, and skill Challenges many ideas that have been taken for granted, such as the notions of "self" and "individuality," by a more relational framework

Collective Narrative Practice Routledge
In psychotherapy, as in life, all significant emotions are embedded in important stories, and all significant stories revolve around important emotional themes. Yet, despite the interaction between emotion and narrative processes, emotion-focused therapy (EFT) and narrative-informed therapies have evolved as separate clinical approaches. In this book, Lynne Angus and Leslie Greenberg address this gap and present a groundbreaking, empirically based model that integrates working with narrative and emotion processes in EFT. According to Angus and Greenberg's narrative-informed approach to EFT, all successful psychotherapy entails the articulation, revision, and deconstruction of clients' maladaptive life stories in favor of more life-enhancing alternatives. Because emotions and narratives interact to form meaning and sense of self, the evocation and articulation of emotions is critical to changing life narratives. Individual chapters describe how the interaction between emotion and narrative creates a constantly evolving sense of self; how

clinicians can address both narrative and emotion processes to help clients create more adaptive, empowering meanings and sense of self; and the importance of a strong therapeutic alliance. Engaging, in-depth case studies at the end of the book illustrate how the model can be applied to treatment of depression and emotional trauma.

Fulfilling Ageing SAGE

How do experiences of hope and despair impact upon our capacity to meet life's challenges in narrative and family therapy? Clients' experiences of hope and despair can be complex, reflecting individual and family histories, current patterns and dynamics, the stresses of everyday life, and the social contexts of families' lives. This book analyses how therapists meet and engage with these dichotomous aspects of human experience. The editors place the themes of hope and despair at the centre of a series of reflections on practice and theory. Contributors from all over the world are brought together, incorporating a range of perspectives from narrative, systemic and social constructionist frameworks. The book is divided into three sections, covering: reflections on hope and despair facing adversity: practices of hope reflections on reconciliation and forgiveness. Hope and Despair in Narrative and Family Therapy looks at the importance of hope in bringing about positive therapeutic change. This book will be of great use to family therapists, psychotherapists, counsellors, and students on therapeutic training courses.

Innovations in Narrative Therapy: Connecting Practice, Training, and Research W. W. Norton & Company
Elders 85 years and older are the fastest growing segment of the population in the U.S. and in many other countries. *Aging Our Way* examines how the very old navigate the challenges of loneliness, disability, and loss, while staying healthy, connected, and comfortable.

Narrative Therapy in Practice Routledge

"This volume is especially useful in demonstrating the effects of placing social discourses at the center of therapy. It goes many sacred cows of the larger modernist therapeutic community, but in doing so it offers new ideas for mental health professionals attempting to help their clients with common and serious life problems." —PSYCRITIQUES "This compilation is an insightful read for practitioners who have not taken the opportunity to use narrative therapy in practice...Experienced practitioners will certainly appreciate the theoretical analysis offered by the writers as well as

the opportunity for reflective practice. Narrative Therapy is a meaningful contribution to a Canadian book market lacking in clinical literature for social workers" —CANADIAN ASSOCIATION OF SOCIAL WORKERS Narrative Therapy: Making Meaning, Making Lives offers a comprehensive introduction to and critique of narrative therapy and its theories. This edited volume introduces students to the history and theory of narrative therapy. Authors Catrina Brown and Tod Augusta-Scott situate this approach to theory and practice within the context of various feminist, post-modern and critical theories. Through the presentation of case studies, Narrative Therapy: Making Meaning, Making Lives shows how this narrative-oriented theory can be applied in the client-therapist experience. Many important therapeutic situations (abuse, addictions, eating disorders, and more) are addressed from the narrative perspective. Rooted in social constructionism, and emerging initially from family therapy, narrative therapy emphasizes the idea that we live storied lives. Within this approach, the editors and contributors seek to show how we make sense of our lives and experiences by ascribing meaning through stories which themselves arise within social conversations and culturally available discourses. Our stories don't simply represent us or mirror lived events; they actually constitute us—shaping our lives as well as our relationships. Narrative Therapy will be a valuable supplemental textbook for theory and practice courses in departments of Counseling and Psychotherapy and of Social Work as well as for courses in Gender and Women Studies.

Being with Older People Policy Press
The narrative turn in psychotherapy entails practitioners seeing their work as appreciating client stories and helping clients re-author their life stories. Twenty-one chapters, presented by Angus (York U., UK) and McLeod (U. of Abertay Dundee, UK) bring together different strands of thinking ab

Mental Wellness in Aging W. W. Norton & Company

Integrative, research-based, multisystemic: these words reflect not only the state of family therapy, but the nature of this comprehensive handbook as well. The contributors, all well-recognized names who have contributed extensively to the field, accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy,

practice, and research. Each individual chapter contribution is organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains five parts:

- Part I describes the history of the field and its current core theoretical constructs
- Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of practice in the field
- Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive
- Part IV summarizes evidence and provides useful findings relevant for research and practice
- Part V looks at the application of couple and family interventions that are based on emerging clinical needs, such as divorce and working in medical settings.

Handbook of Family Therapy illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible. Practitioners, researchers, and students need to have this handbook on their shelves, both to help look back on our past and to usher in the next evolution in family therapy.

Retelling the Stories of Our Lives: Everyday Narrative Therapy to Draw Inspiration and Transform Experience SAGE

Healthcare providers, consumers, researchers and policy makers are inundated with unmanageable amounts of information, including evidence from healthcare research. It has become impossible for all to have the time and resources to find, appraise and interpret this evidence and incorporate it into healthcare decisions. Cochrane Reviews respond to this challenge by identifying, appraising and synthesizing research-based evidence and presenting it in a standardized format, published in The Cochrane Library (www.thecochranelibrary.com). The Cochrane Handbook for Systematic Reviews of Interventions contains methodological guidance for the preparation and maintenance of Cochrane intervention reviews. Written in a clear and accessible format, it is the essential manual for all those preparing, maintaining and reading Cochrane reviews. Many of the principles and methods described here are appropriate for systematic reviews applied to other types of research and to systematic reviews of interventions undertaken by

others. It is hoped therefore that this book will be invaluable to all those who want to understand the role of systematic reviews, critically appraise published reviews or perform reviews themselves.

The Handbook of Narrative and Psychotherapy Theclassics.us

Interest in the contribution narrative can make across many disciplines has been booming in recent years, but its impact in social work has been limited. It has mainly been used in therapeutic intervention such as narrative therapy, social work education or personal accounts. This is the first book to extend the narrative lens to explore the contribution of narrative to social work values and ethics, social policy and our understanding of the self in social, cultural and political context. The book firstly sets out theoretical concerns and then applies them to specific areas of social work, including child protection, mental health and disability. The author argues that narrative is a richly textured approach to social work that can enhance both theory and practice. As such the book will be of interest to social work students, practitioners and educators, policy makers and those interested in the application of narrative to professional practice.

Narratives of Therapists' Lives Oxford University Press, USA

Sixty is the new forty. Changing Aging, Changing Family Therapy gives family therapists a roadmap for adapting to the new realities of aging.

Cochrane Handbook for Systematic Reviews of Interventions Psychology Press
Use of letter-writing in family therapy.

Storying Later Life Routledge

This book explores the reality of ageing and old age from the perspectives of the individual and society. It emphasizes cross-cultural aspects of ageing and communication issues both within and across generations. The authors approach the understanding of ageing from a multi-disciplinary perspective, integrating biology, psychology, linguistics, sociology, and history. The book is organized as follows: historical and broader cross-cultural issues of ageing, followed by biomedical, psychological, social, and communicative aspects of ageing. The book concludes with an in-depth analysis of the existential dimension of ageing followed by an evolutionary perspective.

Narrative Intervention Programme Oxford University Press

Narrative Therapy provides an introduction to the practices of this more effective and less stressed approach. Payne draws on the writing of White and Epston, along with illustrations from his work, to trace the development of narrative therapy.'

Blooming in December: Psychodynamic Psychotherapy With Older Adults

Routledge

This book improves the understanding and telling of stories in secondary school students and young adults. Specifically designed for older children and young adults, this practical language programme was created by a specialist speech & language therapist with input from secondary school teachers and students. It focuses on enhancing the understanding and expression of stories in students aged from 8 to 18 with language and communication difficulties, and aims to: create an awareness of how storytelling can be used to enhance learning in school and social interactions in school and home environments. It facilitates storytelling. It enhances the joy and enjoyment in telling stories. It identifies different types of

narratives and provide examples for each type. It encourages effective listening and attention skills. It examines different means of making story production more interesting through vocal variety, body language and print. It encourages the use of the story planner in planning and structuring essays in the classroom and for homework. Dr Victoria Joffe is a specialist speech and language therapist and senior lecturer in developmental speech, language and communication impairments in the Department of Language and Communication Science at City University, London. Victoria runs various workshops for PCT's, LEA's and schools on child speech disorder, evidence based practice in speech and language therapy and collaborative practice in education and provides training for therapists and teaching staff on working with children and young adults with

speech, language and communication needs in education. Victoria is currently involved in a large scale intervention project funded by the Nuffield Foundation on enhancing language and communication in secondary school children with language impairments on which this programme is based.

Playful Approaches to Serious Problems

Routledge

Structured Life Review is a one-on-one therapeutic technique that guides people in reflecting on their lives from early childhood to the present. It allows individuals to learn from past experiences, settle unresolved issues, and ultimately achieve a state of life acceptance. Participants benefit from increased life satisfaction, reduced depression, and the opportunity for reconciliation, acceptance, and serenity.