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# National Postgraduate Medical College

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HEALTH SERVICES IN AFRICA

Role Of Women In The Development Of Science And Technology In The Third World -  
Proceedings Of The Conference Organized By The Canadian International  
Development Agency And The Third World Academy Of Sciences

Early Medical Schools in Nigeria

The Nigerian Healthcare System

Medical Entrepreneurship

Mcqs for Medical Students and Doctors

Essentials for Practice of Medicine in the Frontline

Adherence to Long-term Therapies

Foundational Knowledge for the Practice of Family Medicine in West Africa

Ocular Diseases

Postgraduate Medicine

The Ibadan Surgeon

PG Textbook of Pediatrics

Diarrhoeal Diseases Research  
Healthcare Education in Nigeria  
International Perspectives on Mental Health  
Collection of Speeches  
Personal Injury and Damage Ascertainment under Civil Law  
Deep Down My Heart  
UNILAG in Contemporary Context  
Nigeria in the Fourth Republic  
Daily Graphic  
The Contribution of Family Medicine to Improving Health Systems  
Chronic Kidney Disease  
The Journal of the Royal College of General Practitioners  
Sickle Cell Disease in Sub-Saharan Africa  
The New Public Health  
Ibadan at Fifty, 1948-1998  
Global Health and Pathology, An Issue of the Clinics in Laboratory Medicine  
Gastrointestinal Endoscopy  
Nigeria and Education  
Textbook of Psychiatry for Intellectual Disability and Autism Spectrum Disorder  
Diarrhoeal Diseases Research

Reimagining Nigeria's Educational System  
Diet, Nutrition, and Fetal Programming  
God, man and the environment  
Oxford Textbook of Primary Medical Care  
Global Dermatology and Telemedicine, An Issue of Dermatologic Clinics , E-Book  
Leadership in Movement Disorders  
He Leadeth Me

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## **BLAINE HAYDEN**

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HEALTH SERVICES IN  
AFRICA Rowman &  
Littlefield

Chronic kidney disease is  
an increasing health and  
economical problem in  
our world. Obesity and

diabetes mellitus, the two  
most common cause of  
CKD, are becoming  
epidemic in our societies.  
Education on healthy  
lifestyle and diet is  
becoming more and more  
important for reducing the  
number of type 2  
diabetics and patients  
with hypertension.  
Education of our patients

is also crucial for  
successful maintenance  
therapy. There are,  
however, certain other  
factors leading to CKD, for  
instance the genetic  
predisposition in the case  
of polycystic kidney  
disease or type 1  
diabetes, where education  
alone is not enough.  
**Role Of Women In The**

**Development Of  
Science And  
Technology In The  
Third World -  
Proceedings Of The  
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International  
Development Agency  
And The Third World  
Academy Of Sciences**

BoD – Books on Demand  
This book assesses the challenges within the Nigerian educational system and provides a concrete plan to revitalize the low-performing system by strengthening high-stakes testing at all

levels. In Nigeria, many citizens believe that the solution to the country's low performance in education is to eliminate high-stakes standardized testing. High-stakes testing refers to applying standardized student achievement tests as a primary mechanism to evaluate students, teachers, and their school's performance. This book argues that the poor quality of education and low ranking of Nigeria's educational system is not related to the negative

consequences of high-stakes testing, but rather is due to many intrinsic factors. By conducting a comparative analysis of six high-performing education systems worldwide, the book offers a comparative summative evaluation of the educational system and offers recommendations. This book will be of interest to policymakers and scholars in the fields of African education, higher education, quality and global studies, African studies, management and administration,

leadership, and professional development studies. Joseph Abiodun Balogun is former Dean and retired Distinguished University Professor at the College of Health Sciences, Chicago State University, USA, Visiting Professor/Program Consultant at the Centre of Excellence in Reproductive Health Innovation, University of Benin, Nigeria, and President/ CEO, Joseph Rehabilitation Center, Tinley Park, Illinois, USA. Early Medical Schools in Nigeria BoD - Books on

Demand  
This conference was organised by the Third World Academy of Sciences in collaboration with the Canadian International Development Agency. For the 250 female scientist participants from distant lands and diverse cultures from the Caribbean to the Far East, the conference proved a stimulating experience to recognize their strength in terms of numbers and achievements, to forge new links, nationally and internationally, and to

demonstrate that science is independent of gender and is no longer an exclusively male-dominated preserve. The first part of the proceedings deals with the global, Third World and national perspectives of the theme “Women and Science” and the second highlights the scientific contributions by Third World women scientists, their personal experiences and scientific reports. The publication of these proceedings would serve as a potentially effective strategy aimed

at enhancing the status of women scientists, not only in the Third World but worldwide.

*The Nigerian Healthcare System* Book Builders

The challenges to better health services in Africa are well known: Africa lags behind all regions of the world, including other developing regions, on all indicators of better health. A recent report from the World Health Organisation for instance shows that while Africa has 20% of the world's sick people, it has only 4% of its healthcare workers -

many of them vulnerable to the high mortality rate associated with malaria and notably the AIDS epidemic. The state of investment in healthcare infrastructure is also grossly inadequate as is the efficiency of healthcare delivery. But does this need to be so? What factors are responsible for this unacceptable state of affairs? Contributors to the volume examine the evolution of healthcare services in Africa, the ongoing national, regional and continental efforts to

improve the delivery of healthcare in the continent, and the direct and indirect obstacles militating against the maturation of the services and their efficient delivery. The contributors - all distinguished experts in the field, who hold either challenging responsibilities in health in Africa or have worked in multiple components of the healthcare delivery system in the continent - also provide powerful personal insights and lessons learned in their current or previous work

in the health sector in Africa. Some of the themes covered include clinical care and centers of excellence, healthcare finance and resource mobilization, primary health care systems and community health; preventive care and risk reduction in health; the role of reference laboratories; clinical research and partnerships, the role of epidemiology, statistics, monitoring and evaluation in health services; the role of the African Diaspora, and the role of politics in

the organization of healthcare and the training of medical and other health professionals. From their analyses and experience the authors articulate proven strategies and solutions based on consensus expert opinions on how to improve the quality of health services and health outcomes in the continent.

Medical Entrepreneurship  
Taylor & Francis  
Essentials for practice of medicine in the frontline is an abridged synthesis of selected topics from

family medicine, internal medicine, pediatrics, obstetrics and gynecology, pathology, and psychiatry; also, ophthalmology, otorhinolaryngology, hematology, and dermatology. Each section covers ten salient and commonly-encountered areas of practice by physicians. Multiple-choice questions and answers accompany each Section. The setting of writing is a developing country. The contents are relevant to doctors who practice in the medically

advanced countries and those in the developing countries. Medically, the world has become an interesting place. Air travel, frequent movement, and resettlement of people now mean that doctors in developed countries can no longer stay and practice within the clinical conditions that were typical in their practice settings. Things have changed, as they cannot be certain of what medical conditions that patients from various parts of the world will

present to them. Doctors also cannot be unequivocal that an emergency in a distant part of the globe may not require their attention. This book therefore meets the needs of doctors, irrespective of their length of practice or where they practice. What applies to doctors certainly applies to medical students. This book is an atypical book as it puts in its two volumes of less than 500 pages of 8.5"x 11" per volume material that any doctor, anywhere, should keep on their office or

consulting room bookshelf. The e-book version is also a veritable companion.

[MCQs for Medical Students and Doctors](#) Adonis &

Abbey Publishers Ltd

MCQs for Medical

Students and Doctors is

an unusual multiple-choice question book on

three accounts: • It covers thirteen of the specialties

in medicine that every

medical student has to

face and every first-

contact physician has to

deal with in encounters

with their patients

irrespective of the



doctor's field of specialization; • Unlike many MCQ books, this book goes further by providing comments that accompany >99% of the answers as explanations or additional information. This makes this book an MCQ book with "short notes"; • It is different from most, if not all, MCQ books in medicine for the others are usually specialty-specific. This MCQ book successfully covers fundamental topics in three selected pre-clinical subjects viz.: anatomy, pharmacology

and therapeutics, and parasitology as well as ten clinical specialties viz.: obstetrics and gynecology, dermatology, anesthesia, mental health, ophthalmology, otorhinolaryngology, general surgery, orthopedics/trauma, internal medicine, and general pediatrics. Detailed material is provided in "Book Reviews" and "How to Use" for the reader's guidance.

**Essentials for Practice of Medicine in the Frontline** Tolu Odugbemi

This comprehensive resource on ocular diseases will provide you with a better and more practical understanding of the science behind eye disease and help you to relate it with treatment. Some of the contributors to this book are some of the world's leading and most experienced scientists in this major area of interest and they have provided great insight into this often difficult to understand aspect of ophthalmology. Its unique blend of basic science and clinical

applications will serve you as a clinical guide to understanding the cause and management of ocular disease.

Adherence to Long-term Therapies CRC Press  
Foundational Knowledge for the Practice of Family Medicine in West Africa is a selection of introductory concepts from literature using literature search and review; a collection of lectures from eminent family physicians from South Africa, Canada, United Kingdom, and United States; lecture notes; seminal essays;

and journal articles that guided the author through the transition from general practice to family medicine in the 1980s and 1990s. The concept of family medicine in West Africa was a paradigm shift from a specialty conception of a conglomeration of independent specialties in general practice to a unique specialty with its own distinct identity with a fundamental principle based on the biopsychosocial model. The specialty draws a distinctive identity from

its approach to care by placing emphasis on the contextual setting of the patient, starting with the family and extending to the sociocultural and economic environment. This composite approach to health care was new and confusing to the uninitiated medical graduate undergoing a residency training taught in the traditional biomedical reductionist model and to other medical specialists who asked what new knowledge we were bringing to the table that

other specialists were not already teaching. As for those teachers of family medicine in the subregion, it was quite clear as to the need for this conceptual framework in family medicine as opposed to the limitation of general practice. This book documents the struggle to position family medicine as a separate speciality of medicine in West Africa.

**Foundational Knowledge for the Practice of Family Medicine in West Africa**  
JP Medical Ltd

Previously Professor of Neurological Surgery and services Head of Neurosurgery services at the University College Hospital, Ibadan, the author is now the Foundation Professor and Head of Surgery at the new College of Medicine at the University of Malawi. He is an award winning author on medical matters. This latest book traces the historical evolution of medical schools in Nigeria from 1861 to the present. A detailed account of the various medical schools is

given. With the establishment of Ibadan in 1957, the first graduates constituted the first Nigerians to be entirely and completely trained within the country internationally accepted standards of medical education.

*Ocular Diseases* RCPsych Publications  
This book provides a comprehensive and authoritative assessment of the training of health professionals in Nigeria, looking back to how health care education has evolved in the country

over time, before investigating new and emerging trends. The book begins with a discussion of the fundamentals of health care education, the art of teaching health care students, and modeling professionalism in health care. The book highlights the work of pioneer Nigerian health care academics, and explores the administration of health care education at departmental level. Finally, it highlights the role of elite Nigerian health care academics in

the diaspora, chronicles contemporary challenges in health care education, and makes recommendations for reform. This book will be of interest to students, scholars, and practitioners working on health care education in Africa. Postgraduate Medicine  
Tolu Odugbemi  
This report is based on an exhaustive review of the published literature on the definitions, measurements, epidemiology, economics and interventions applied to nine chronic conditions

and risk factors. *The Ibadan Surgeon BoD – Books on Demand*  
This book brings together conceptual, theoretical, policy-based, and empirical contributions from multidisciplinary lenses to bridge the existing knowledge gap in the field of medicine, entrepreneurship and health economics. This book serves as a much needed intellectual resource providing guidance to the entrepreneurial-minded medical doctors (Medipreneurs), social

entrepreneurs, policymakers, academics on the subject matter with a view of applying the knowledge gained for reinvigorating the healthcare delivery system leveraging a business approach. The contributions serve as a guide to connect entrepreneurially with market opportunities, especially to provide relevant health-oriented products, services, technologies and other medical solutions for social impact in the developed and developing

countries with the overarching goal of assisting policymakers to accelerate the attainment of the Sustainable Development Goal 3 (SDG3).

*PG Textbook of Pediatrics* Elsevier Health Sciences Postgraduate Textbook of Pediatrics is a comprehensive guide to paediatrics. The textbook is comprised of three volumes, split into ten parts with over 600 chapters, and contributions from over 50 section editors and 725 authors, covering all

paediatric disorders, descriptions of diseases and their management. Includes nearly 1500 images and illustrations in full colour, incorporating information on modern imaging techniques for neurological disorders in children. This is an ideal resource for postgraduate students to gain a firm grounding in, and retain and improve their knowledge of all areas of paediatric medicine. [Diarrhoeal Diseases Research](#) WestBow Press This volume offers the most comprehensive

coverage on fetal programming. Chapters are written by authors of international and national standing, leaders in the field and trendsetters. The clinical relevance of the current research is emphasized in each chapter, which also contains key points, key words, and concise summaries for ease of learning. Fetal programming affects conditions in the immediate postnatal period, as well as in later life and adulthood. These conditions include

cardiovascular disease, frank hypertension, stroke, dyslipidemia, coagulopathy, increased insulin resistance-metabolic syndrome, type-2 diabetes, leukemia, testicular cancer, prostate cancer, breast cancer, polycystic ovary syndrome, precocious puberty, impaired immune function, renal disease, lung disease, and osteoporosis. Neuropathologies, behavioral and mental deficiencies, schizophrenia, and

depression have also been reported in adults who were exposed to nutritional inadequacies in utero. Diet, Nutrition and Fetal Programming provides an overview on the effects of fetal programming on disease, and comprehensive looks at maternal nutrition factors and fetal programming effects on brain and behavior, and physiology and disease. It also provides an in depth look at specific nutrient restrictions and supplements on physiology and disease,

the effects of maternal disease on fetal programming, mechanisms of programming, and a special section on the international aspects and policies on fetal programming.

**Healthcare Education in Nigeria**

Graphic Communications Group  
"This guidebook systematically analyses the contribution of family medicine to high-quality primary health care in addressing the challenges faced by current health systems, and provides

options for moving forward. It serves as a pragmatic guide to potential strategies for putting in place family care teams which effectively contribute to health sec  
International Perspectives on Mental Health Xlibris Corporation  
This book provides insights into the meaningful milestones of leaders and world experts in the field of movement disorders/neurology. Through the format of interview questions, it communicates the skills of

key leaders in movement disorders. The interviewees are past and present leaders of the International Parkinson and Movement Disorders Society (IPMDS), which has grown from a young society into a strong successful organization. Their experiences reflect the nature of working in the global environment and diversity of this Society. The stories in this book have value that transcends a specific Society and will provide lessons in leadership that have application to many

organizations around the world. This is a key resource for movement disorders experts, clinicians, scientists and young neurologists who are planning the next step in their career. It is also of interest to organizations who are facing the task of engaging and leading an international group of diverse participants.

### **Collection of Speeches**

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... Is a unique collection of authoritative briefings from over 90 countries around the world. Each chapter covers a

particular country's demographics, mental health resources, undergraduate education, postgraduate training in psychiatry, research activities, mental health legislation, and policy and development strategies.

### **Personal Injury and Damage Ascertainment under Civil Law** Springer Nature

This important collection provides an epidemiological perspective on the continuing scope of sickle cell disease (SCD) in sub-Saharan Africa, alongside

the clinical attempts to provide comprehensive care in a resource-limited setting. The book moves from a clinical profile of SCD to screening for the disease and ongoing patient care. There are chapters on pain management, organ failure, infections and transfusions, as well as nutrition and neurocognitive complications. The book concludes with chapters on anti-sickness medication, cell transplantation and nursing care. The first in a



two-volume set offering a multi-disciplinary perspective on SCD, this is a comprehensive resource that applies clinical knowledge to the practical challenges faced in sub-Saharan Africa. It will be important reading for medical students taking courses in haematology as well as those studying Public Health in sub-Saharan Africa. Practitioners in the region will also find it invaluable in developing their understanding of this pervasive disease.

Deep Down My Heart

Taylor & Francis  
This volume presents fifty years of the University of Ibadan, Nigeria's oldest and pre-eminent university, from its inception as a college of the University of London. The contributors are various existing and retired faculty professors, heads of the university's libraries, publishing house and printing press; from the university's administration, and former students. The essays are diverse and specific in their handling of the university's history;

but all broadly document the common experience of the university's decline, and the enormous gulf between the present state of the university and the kind of institution its creators and ambassadors believe it should be. They reflect upon the earlier role of the university as an institutional of international renown and influential in shaping Nigeria's history; and the present state of depleted academic departments and inadequate libraries; and they describe how the university is suffering

from the Africa-wide brain-drain and a chronic lack of funding. The essays further demonstrate how the historical development of the university has largely rested upon the mostly detrimental and at times disastrous attitude and actions of the Nigerian State; and that the history of the university is inseparable from the

history of the country; the university having become the intellectual equivalent of a marginalised Third World economy. The overall picture is not wholly one of gloom however. The contributors also propose directions the university may pursue to reverse the decline; and this publication itself represents a spirited rear-

guard action.  
*UNILAG in Contemporary Context* Springer  
Linking classical public health and intervention with evolving healthcare strategies and policies for the 21st century, *The New Public Health* provides a broad perspective on current issues & the kinds of solutions & expectations needed in the future.