
The Shortest Day

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The Summer Solstice First Avenue Editions

So the shortest day came, and the year died... As the sun set on the shortest day of the year, early people would gather to prepare for the long night ahead. They built fires and lit candles. They played music, bringing their own light to the darkness, while wondering if the sun would ever rise again... Written for a theatrical production that has become a ritual in itself, Susan Cooper's poem *The Shortest Day* captures the magic behind the returning of the light, the yearning for traditions that connect us with generations that have gone before - and the hope for peace that we carry into the future. Richly illuminated by Carson Ellis, this beautiful book evokes the joy and community found in the ongoing mystery of life when we celebrate light, thankfulness, and festivity at a time of rebirth. Welcome Yule!

Midsummer Dutton Juvenile

Describes how and why daylight grows shorter as winter approaches, the effect of shorter days on animals and people, and how the winter solstice has been celebrated throughout history. Includes activities.

Red Sled Turtleback Books

Presents facts and folklore about the shortest day of the year, a day that has been filled with magic since ancient times.

The Concise Oxford Dictionary of Proverbs Penguin

From the New York Times-bestselling author of *The Secret World of Weather* and *The Lost Art of Reading Nature's Signs*, learn to tap into nature and notice the hidden clues all around you Before GPS, before the compass, and even before cartography, humankind was

navigating. Now this singular guide helps us rediscover what our ancestors long understood—that a windswept tree, the depth of a puddle, or a trill of birdsong can help us find our way, if we know what to look and listen for. Adventurer and navigation expert Tristan Gooley unlocks the directional clues hidden in the sun, moon, stars, clouds, weather patterns, lengthening shadows, changing tides, plant growth, and the habits of wildlife. Rich with navigational anecdotes collected across ages, continents, and cultures, *The Natural Navigator* will help keep you on course and open your eyes to the wonders, large and small, of the natural world.

Aesop's Fables Llewellyn Worldwide

All through the forest animals long for dawn's warmth on the longest night of the year. It will take a tiny and gentle creature to summon a new day. Full color.

Sun Up, Sun Down Search for the Future

Find out what happens when a cast of unlikely woodland friends discover a well-loved sled outside a cozy cabin in this whimsical wintertime Classic Board Book! In this almost wordless story, a host of woodland creatures take a child's sled for a nighttime joy ride. Their whimsical ride is gorgeously depicted in bold watercolor, complemented by humorous expressions and pitch-perfect sound effects. With a timeless tone and classic characters, *Red Sled* is a wintertime favorite for parents and little ones alike.

Yoga Through the Year Capstone

The NIV is the world's best-selling modern translation, with over 150 million copies in print since its first full publication in 1978. This highly accurate and smooth-reading version of the Bible in modern English has the largest library of printed and electronic support

material of any modern translation. *Self-Compassion* BEIJING BOOK CO. INC. A beautiful novel by the much-loved Rosamunde Pilcher. Elfrida Phipps loves her new life in her pretty Hampshire village. She has a tiny cottage, her faithful dog Horace and the friendship of the neighbouring Blundells - particularly Oscar - to ensure that her days include companionship as well as independence. But an unforeseen tragedy upsets Elfrida's tranquillity: Oscar's wife and daughter are killed in a terrible car crash and he finds himself homeless when his stepchildren claim their dead mother's inheritance. Oscar and Elfrida take refuge in a rambling house in Scotland which becomes a magnet for various waifs and strays who converge upon it, including an unhappy teenage girl. It could be a recipe for disaster. But somehow the Christmas season weaves its magical spell and for Elfrida and Oscar, in the evening of their lives, the winter solstice brings love and solace.

The Shortest Day Yearling

Forget the 10,000 hour rule— what if it's possible to learn the basics of any new skill in 20 hours or less? Take a moment to consider how many things you want to learn to do. What's on your list? What's holding you back from getting started? Are you worried about the time and effort it takes to acquire new skills—time you don't have and effort you can't spare? Research suggests it takes 10,000 hours to develop a new skill. In this nonstop world when will you ever find that much time and energy? To make matters worse, the early hours of practicing something new are always the most frustrating. That's why it's difficult to learn how to speak a new language, play an instrument, hit a golf ball, or shoot great photos. It's so much easier to watch TV or surf the web . . . In The

First 20 Hours, Josh Kaufman offers a systematic approach to rapid skill acquisition— how to learn any new skill as quickly as possible. His method shows you how to deconstruct complex skills, maximize productive practice, and remove common learning barriers. By completing just 20 hours of focused, deliberate practice you'll go from knowing absolutely nothing to performing noticeably well. Kaufman personally field-tested the methods in this book. You'll have a front row seat as he develops a personal yoga practice, writes his own web-based computer programs, teaches himself to touch type on a nonstandard keyboard, explores the oldest and most complex board game in history, picks up the ukulele, and learns how to windsurf. Here are a few of the simple techniques he teaches: Define your target performance level: Figure out what your desired level of skill looks like, what you're trying to achieve, and what you'll be able to do when you're done. The more specific, the better. Deconstruct the skill: Most of the things we think of as skills are actually bundles of smaller subskills. If you break down the subcomponents, it's easier to figure out which ones are most important and practice those first. Eliminate barriers to practice: Removing common distractions and unnecessary effort makes it much easier to sit down and focus on deliberate practice. Create fast feedback loops: Getting accurate, real-time information about how well you're performing during practice makes it much easier to improve. Whether you want to paint a portrait, launch a start-up, fly an airplane, or juggle flaming chainsaws, *The First 20 Hours* will help you pick up the basics of any skill in record time . . . and have more fun along the way.

A Dream Within a Dream Zondervan

The science, history, and cultural significance of the shortest day of the year: The Winter Solstice!

The Shortest Day Fair Winds Press

An example of Poe's melancholic and morbid poetic pieces, "A Dream Within a Dream" is a poem that pitifully mourns the passing of time. The poet's own life, teeming with depression, alcoholism, and misery, cannot but exemplify the subject matter and tone of the poem. The constant dilution of reality and fantasy is detrimental to the poetic speaker's ability to hold reality in his hands. The quiet contemplation of the speaker is contrasted with thunderous passing of time that waits for no man. Edgar Allan Poe (1809-1849) was an American poet, author, and literary critic. Most famous for his poetry, short stories, and tales of the supernatural, mysterious, and macabre, he is also regarded as the inventor of the detective genre and a contributor to the emergence of science fiction, dark romanticism, and weird fiction. His most famous works include "The Raven" (1845), "The Black Cat" (1843), and "The Gold-Bug" (1843).

Snow Party Simon and Schuster

Brigit Quinn's secret wish on her 15th birthday is for a normal life - an impossible dream when your mom practices an ancient pagan religion and everyone believes she's a witch. Instead, Brigit learns she's descended from a legendary Celtic tribe that serves as guardians of the ancient stone circles. A spellbound book of family history reveals the power of her ancestors, and Brigit is shocked to discover she's inherited a magical talent that will only set her further apart from the normal world. Unsure she wants any magical powers at all, she's terrified to learn

someone evil is willing to destroy who she is in order to steal her family's strength. Will Brigit's unique heritage help her survive the danger, or is it safer for her to reject it for the normal life she's always wanted?

The Merchant of Venice Penguin Group

When the first snow of the year falls on the first day of winter, all the snow people have a snow party.

The Shortest Day Lindhardt og Ringhof

From renown picture book author Denise Fleming, a cozy, cumulative book to warm a cold winter day. Alive with swirling snow and lots of outdoor fun, the first ten days of winter bring special gifts for a special friend. This cumulative tale will have children chanting along as they discover all the trimmings needed for the most perfect snowman ever!

The Natural Navigator Candlewick Press

The Solstice Badger tells the tale of the days when the Sun shone all day long, every day. In the beginning, The Sun roamed the earth happy and filled with joy, but eventually he became terribly lonely and sad, and his light began to dim. Aware of his plight, many of the earth's creatures tried to befriend the Sun, only to find his intense heat burned, and prevented them from getting too close. To the Sun's great joy, one day there came a creature that found a way to get close to the sun, and soon the two became great friends. Staying longer and longer each day with his friend, the Sun's absence from the sky eventually caused the skies to darken and snow to fall. All living things suffered. Would the Sun realize his impact on the world's suffering before it was too late? Would he have to leave his only friend and new found happiness forever in order to save the world? Robin's engrossing tale and ethereal illustrations bring the Sun's

story to a satisfying conclusion as he learns that compromise, compassion, friendship, and wisdom will save the day. [A New Home](#) Candlewick

“The most thorough, accurate, user-friendly, well-organized and inspiring guide for writers on the market today. Period.”—Richard Carlson, #1 New York Times bestselling author of *Don’t Sweat the Small Stuff* This expert guide has put the dream of acquiring a publisher within reach for thousands of writers. Whether your book idea is a completed manuscript or still in the planning stages, *The Shortest Distance Between You and a Published Book* offers comprehensive, industry-savvy guidance on the steps to take to sell your book to a major publisher. Literary agents often advise their clients to read this book as their first step. Susan Page is the author of several bestselling self-help books, and a veteran of the publishing industry. Here, she’ll guide you step-by-step through the roadblocks that stall other writers and help you toward a publishing strategy that gets results. You’ll find in-depth information on the early steps to take, writing title ideas, developing winning book proposals, finding an agent, understanding publishing contracts, promoting your book, and more. Throughout the process, Page coaches you through both the emotional and practical obstacles you’re likely to face. It’s a must-read for anyone interested in a career as a published author. “Page, as her subtitle claims, really does tell you what you need to know to get happily published. This self-help author (*If I’m So Wonderful, Why Am I Still Single?*) knows what she’s talking about, whether she’s advising on how to write a book proposal, find an agent or promote one’s book . . . This is one of the more instructive guides to

read before writing your book.”—Publishers Weekly

A Solstice Tree for Jenny The Experiment

Storytime Giants provides large-format versions of favourite picture stories by well-known authors. This is a rhyming text.

[The First Day of Winter](#) Perfection Learning

Create a Powerful Connection Between Yoga and the Wheel of the Year Find balance in your yoga practice and your life by connecting with nature and the cycle of the seasons. *Yoga Through the Year* reimagines yoga as a way to unite complimentary opposites—heaven and earth, sun and moon, male and female. Providing inspiration, guidance, and more than 100 illustrations, this book shows you how to work with the prevalent energy of each season and develop an authentic practice that makes you happier and healthier. Learn how to best work with the challenges and opportunities present throughout the wheel of the year. Explore mindfulness exercises, visualizations, meditations, and yoga poses and sequences that are specially designed for each season. This remarkable book’s approach can be personalized to fit your needs all year long. With it, you can develop your own rhythm in response to each seasonal change.

[The Longest Night](#) Houghton Mifflin Harcourt

Kristin Neff PhD, is a professor in human development whose 10 years’ of research forms the basis of her timely and highly readable book. *Self Compassion* offers a powerful solution for combating the current malaise of depression, anxiety and self criticism that comes with living in a pressured and competitive culture. Through tried and

tested exercises and audio downloads, readers learn the 3 core components that will help replace negative and destructive measures of self worth and success with a kinder and non judgemental approach in order to bring about profound life change and deeper happiness. Self Compassion recognises that we all have weaknesses and limitations, but in accepting this we can discover new ways to achieve improved self confidence, contentment and reach our highest potential. Simply, easily and compassionately. Kristin Neff's expert and practical advice offers a completely new set of personal development tools that will benefit everyone. 'A portable friend to all readers ... who need to learn that the Golden Rule works only if it's reversible: We must learn to treat

ourselves as well as we wish to treat others.' Gloria Steinem 'A beautiful book that helps us all see the way to cure the world - one person at a time - starting with yourself. Read it and start the journey.' Rosie O'Donnell
Winter Solstice Oxford [Oxfordshire] ; New York : Oxford University Press
 Winter's gray chill has set in and everyone misses the sun-especially the baker. So she decides to bring some warmth to the town by making sun bread. And as the bread bakes, rising hot and delicious, everyone comes out to share in its goodness. Everyone, including the sun itself. With a lilting, rhyming text, colorful illustrations, and a recipe for baking your own sun bread, this tasty treat from the illustrator of the best-selling *Abuela* is just right for all ages to enjoy.