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The British National Bibliography
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Changing Your Destiny
Planetary Defense
Dreaming in the Urban Areas
Between the World and Me
Gandhi: A Very Short Introduction

Cosmic Navigator
Design Your Destiny
With Astrolo

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MATHEWS COCHRAN

In the Bubble Universities Press
'I'm a HUGE fan of Alison Green's "Ask a Manager" column. This book is even better' Robert Sutton, author of *The No Asshole Rule* and *The Asshole Survival Guide* 'Ask A Manager is the book I wish I'd had in my desk drawer when I was starting out (or even, let's be honest, fifteen years in)' - Sarah Knight, New York Times bestselling author of *The*

Life-Changing Magic of Not Giving a F*ck
A witty, practical guide to navigating 200 difficult professional conversations Ten years as a workplace advice columnist has taught Alison Green that people avoid awkward conversations in the office because they don't know what to say. Thankfully, Alison does. In this incredibly helpful book, she takes on the tough discussions you may need to have during your career. You'll learn what to say when: · colleagues push their work on you - then take credit for it · you accidentally trash-talk someone in an

email and hit 'reply all' · you're being micromanaged - or not being managed at all · your boss seems unhappy with your work · you got too drunk at the Christmas party With sharp, sage advice and candid letters from real-life readers, *Ask a Manager* will help you successfully navigate the stormy seas of office life.

Ask a Manager Weiser Books

How to design a world in which we rely less on stuff, and more on people. We're filling up the world with technology and devices, but we've lost sight of an important question: What is this stuff for? What value does it add to our lives? So asks author John Thackara in his new book, *In the Bubble: Designing for a Complex World*. These are tough questions for the pushers of technology to answer. Our economic system is

centered on technology, so it would be no small matter if "tech" ceased to be an end-in-itself in our daily lives.

Technology is not going to go away, but the time to discuss the end it will serve is before we deploy it, not after. We need to ask what purpose will be served by the broadband communications, smart materials, wearable computing, and connected appliances that we're unleashing upon the world. We need to ask what impact all this stuff will have on our daily lives. Who will look after it, and how? *In the Bubble* is about a world based less on stuff and more on people. Thackara describes a transformation that is taking place now—not in a remote science fiction future; it's not about, as he puts it, "the schlock of the new" but about radical innovation already

emerging in daily life. We are regaining respect for what people can do that technology can't. In the Bubble describes services designed to help people carry out daily activities in new ways. Many of these services involve technology—ranging from body implants to wide-bodied jets. But objects and systems play a supporting role in a people-centered world. The design focus is on services, not things. And new principles—above all, lightness—inform the way these services are designed and used. At the heart of In the Bubble is a belief, informed by a wealth of real-world examples, that ethics and responsibility can inform design decisions without impeding social and technical innovation.

Claiming Your Power Through Astrology

Simon and Schuster

A dazzling and eloquent reworking of the Mahabharata, one of South Asia's best-loved epics, through nineteen peripheral voices. With daring poetic forms, Karthika Naïr breathes new life into this ancient epic. Karthika Naïr refracts the epic Mahabharata through the voices of nameless soldiers, outcast warriors and handmaidens as well as abducted princesses, tribal queens, and a gender-shifting god. As peripheral figures and silent catalysts take center stage, we get a glimpse of lives and stories buried beneath the dramas of god and nation, heroics and victory - of the lives obscured by myth and history, all too often interchangeable. Until the Lions is a kaleidoscopic, poetic tour de force. It reveals the most intimate threads of

desire, greed, and sacrifice in this foundational epic.

Elemental Magic National Geographic Books

Planetary defense from near-Earth objects such as asteroids is a far more nuanced and challenging topic than it might seem. Each day, technology is making it easier to detect asteroid impact threats in advance, but at present, there is still no easy way to design and implement any form of global defense. This book examines how various asteroid deflection methods can change global political affairs. The authors believe that the final policy for potential Earth impacts should be based on practical engineering solutions and innovative architectural structures, while at the same time reflecting the most

recent political science contributions in ethical security studies and security cosmopolitanism. Their focus is not limited to effective engineering solutions, but rather extends to how such proposals resonate in possible political structures of the future. Planetary defense cannot be achieved with technology alone; the chapters in this volume highlight the issues that arise when space science and technology intersect with political science. This complex interdisciplinary project not only demands global participation and collaboration, but also proposes the way we can achieve it. The authors explore various concepts of governance and their far-reaching implications for planetary defense and vice versa—how scientific progress in

Solar System observations and asteroid collision engineering influence political science and put pressure on the international legal framework. The text is intentionally written for a diverse scholarly and diplomatic audience in a style accessible to non-specialists and practitioners and can be read by those across diverse disciplinary backgrounds. *Living Life As a Thank You Red Feather Gandhi (1869-1948)* was one of the few men in history to fight simultaneously on moral, religious, political, social, economic, and cultural fronts. During his time as a lawyer in South Africa he developed his strategy of non-violence: the idea of opposing unjust laws by non-violent protest, which he made the basis of his successful struggle against British rule in India. In this Very Short

Introduction to Gandhi's life and thought, Bhikhu Parekh outlines both Gandhi's major philosophical insights and the limitations of his thought. He looks at Gandhi's cosmocentric anthropology, his spiritual view of politics, his unique form of liberal communitarianism, and his theories of oppression, non-violent action, and active citizenship. He also considers how the success of Gandhi's principles was limited by his lack of coherent theories of evil, and of state and power, and how his hostility to modern civilization impeded his appreciation of its complexity. Gandhi's life and thought has had an enormous impact both within and outside India, and he continues to be widely revered, as one of the greatest moral and political leaders of the twentieth century. ABOUT

THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Better Living with Astrology and Tarot
Simon and Schuster

Explores how the Universe, our planet, ourselves, and everything in existence has inherent meaning and evolutionary purpose • 2023 Nautilus Gold Award • Examines our emergence as self-aware members of a Universe that is itself a unified and innately sentient entity that exists TO evolve • Shares leading-edge

scientific breakthroughs and shows how they support traditional visions of Earth as a living being--Gaia • Rewrites evolution as not driven by random occurrences and mutations but by intelligently informed and meaningful information flows and processes Exploring our emergence as self-aware members of a planetary home and entire Universe that is a unified and innately sentient entity, Jude Currivan, Ph.D., shows that mind and consciousness are not what we possess but what we and the whole world fundamentally are. She reveals our Universe as “a great thought of cosmic mind,” manifesting as a cosmic hologram of meaningful information that, vitally, exists to evolve. Sharing scientific breakthroughs, the author details the 13.8 billion-year story

of our Universe and Gaia, where everything in existence has inherent meaning and evolutionary purpose. Showing how the Universe was born, not in an implicitly chaotic big bang, but as the first moment of a fine-tuned and ongoing “big breath,” she shares the latest evidence for the innate sentience that has guided our universal journey from simplicity to ever-greater complexity, diversity, and self-awareness--from protons to planets, plants, and people. She explains how evolution is not driven by random occurrences and mutations but by profoundly resonant and harmonic interplays of forces and influences, each intelligently informed and guided. In Gaia, the Universe’s evolutionary impulse is embodied in collaborative

relationships and dynamic co-evolutionary partnerships on a planetary scale and as a wholistic gaiasphere. She reveals how the conscious evolution of humanity is an integral part of Gaia’s own evolutionary progress and purpose. By perceiving and experiencing our planet as a sentient being and ourselves as Gaians, we open ourselves to a deeply ecological, evolutionary, and, above all, hopeful worldview.

Bulletin of the Atomic Scientists Penguin UK

Enjoy this fun and uplifting spiritual guidebook that provides exclusive access to cosmic conditions that surround one specific year of your life from birthdate to birthdate. Discover the dynamic themes, challenges, and opportunities that await you at your

Solar Return (birthdate), and gain valuable insights, meditations, mantras, and advice. Each chapter provides ancient knowledge that can be applied to your life, and with each bit of wisdom you receive, use your Vision Sheet to assist you with creating your very own cosmic calendar. This book can be used repeatedly, exploring any year of your choosing--past, present, or future. Each time you come back, you will discover that the cosmic conditions shift, and your spiritual guidance evolves. Interpretations are insightful and empowering so that you can learn how to consciously steer your own life. Online access to your own personal Cosmic Navigator is provided.

Gate & Key IDW Publishing

Explores the one-term presidency of

James K. Polk, during which the United States extended its territory across the continent by threatening England and manufacturing a controversial war with Mexico that Abraham Lincoln opposed.

Exultant FriesenPress

Now included in UQP's First Nations Classics series with an introduction from Kirli Saunders, *Dreaming in the Urban Areas* is an unforgettable work of Indigenous poetry. Lisa Bellea's poetry moves sharply between street-smart portrayals of poverty and dispossession, and the complexity of Black love, identity and experience. She reaches into the unspeakable parts of a colonial past in order to unpick the ongoing repercussions of Australia's invasion and history. Written with poetic prowess and political bite, Bellea's work is a

reckoning force set against a backdrop of urban community and strength. Her boundless energy and activism shine throughout, ensuring that each poem has a striking clarity of vision. Dreaming in the Urban Areas is an incandescent work of integrity and truth that charts the enduring struggles for survival and recognition.

Ritual Theatre Motilal Banarsidass
Publishe

Astrology of the Seers is a clear yet comprehensive presentation of Vedic astrology and makes this difficult-to-understand subject clear, practical and relevant. It reveals the deeper implications of the Vedic system in sections on astrology as a spiritual science, astrology and psychology, astrology and yoga. Of special interest,

the book explains the cycle of the world-ages (yugas), showing the Vedic view of human history, and the connection of our solar system with galactic sources of energy. Thirty-two example charts of all types are explained including those of many spiritual teachers, covering all the main aspects of its philosophy, background and practice, including chart interpretation and methods of balancing planetary influences such as mantra and gem therapy. The present edition has been thoroughly revised and updated.

Your Destiny Weiser Books

The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security. Founded by Manhattan Project Scientists, the Bulletin's iconic "Doomsday Clock"

stimulates solutions for a safer world.

Cosmic Society Simon and Schuster

There is only one question which really matters: why do bad things happen to good people?' Out of a faith-shaking and senseless waste of a life comes this remarkable and caring book, which will help many. It has sensible and unorthodox and mind-opening things to say about God - and about ourselves. Its author has wisdom and no bitterness. We can learn from him, about acceptance and guilt and despair and the helplessness we all feel when 'none of it makes sense' when we say 'why them?' or worse 'why us?'. We owe him our thanks' David Kossoff 'Rabbi Kushner writes from a wealth of Jewish wisdom and pastoral devotion, but his theology is, I find, is wholly in keeping with

contemporary Christian thought. So far as there is an answer to the conflict between the goodness of God and the bitterness of suffering, this is it' Gerald Priestland 'It will bring new meaning, strength and hope to many' Dame Cicely Saunders, DBE, FRCP

The Artist's Journey Games Workshop

The treatise De mundo offers a cosmology in the Peripatetic tradition which subordinates what happens in the cosmos to the might of an omnipotent god. Thus the work is paradigmatic for the philosophical and religious concepts of the early imperial age, which offer points of contact with nascent Christianity.

The Astrology of Seers

ReadHowYouWant.com

At birth, the stars were in perfect

alignment, representing the essence of you: who you are, where you are going, and what you might expect to experience during your earthly incarnation. Using astrology, this do-it-yourself workbook guides you through spiritual concepts, showing you how to apply each of them to your natal/birth chart with easy-to-use (and understand!) directions and support along the way. Explore a power plan that includes wisdom, insight, and clarity, daring to answer the big questions: Why am I here? What is my purpose? How can I best align with the cosmic forces of the unseen? As you complete 17 cosmic exercises (using your free Natal Chart Navigator from www.AbsolutelyAstrology.com), you will begin to uncover the mysteries of your

existence, including the predictive nature of astrology for career, marriage, children, and more. Step outside yourself to view your life through the lens of the cosmos!

Professor Astro Cat's Frontiers of Space
Routledge

#1 NEW YORK TIMES BESTSELLER •
NATIONAL BOOK AWARD WINNER •
NAMED ONE OF TIME'S TEN BEST
NONFICTION BOOKS OF THE DECADE •
PULITZER PRIZE FINALIST • NATIONAL
BOOK CRITICS CIRCLE AWARD FINALIST
• ONE OF OPRAH'S "BOOKS THAT HELP
ME THROUGH" • NOW AN HBO ORIGINAL
SPECIAL EVENT Hailed by Toni Morrison
as "required reading," a bold and
personal literary exploration of
America's racial history by "the most
important essayist in a generation and a

writer who changed the national political conversation about race” (Rolling Stone) NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE’S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation’s history and

current crisis. Americans have built an empire on the idea of “race,” a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates’s attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to

Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, *Between the World and Me* clearly illuminates the past, bravely confronts our present, and offers a transcendent vision for a way forward.

Wings of Fire Simon and Schuster
When Richard Rumelt's *Good Strategy/Bad Strategy* was published in 2011, it immediately struck a chord, calling out as bad strategy the mish-mash of pop culture, motivational slogans and business buzz speak so often and misleadingly masquerading as

the real thing. Since then, his original and pragmatic ideas have won fans around the world and continue to help readers to recognise and avoid the elements of bad strategy and adopt good, action-oriented strategies that honestly acknowledge the challenges being faced and offer straightforward approaches to overcoming them. Strategy should not be equated with ambition, leadership, vision or planning; rather, it is coherent action backed by an argument. For Rumelt, the heart of good strategy is insight into the hidden power in any situation, and into an appropriate response - whether launching a new product, fighting a war or putting a man on the moon. Drawing on examples of the good and the bad from across all sectors and all ages, he shows how this

insight can be cultivated with a wide variety of tools that lead to better thinking and better strategy, strategy that cuts through the hype and gets results.

The Gratitude Power Workbook

Simon and Schuster

Plunge headfirst into the icy waters of dread in this graphic novel of deep sea adventure with a horrific twist! In the aftermath of the Great War, the North Atlantic is ripe for plunder by independent salvage crews. When a former naval officer hires the SS Vagabond, he leads the ship to a sunken U-boat, and a fortune in gold. Tensions mount as the crew prepares to double cross each other, but the darkness of the ocean floor holds deeper terrors than any of them have bargained for! From

the creative team behind the Bram Stoker Award-nominated horror graphic novel Road of Bones comes an all-new tale of bone-chilling terror!

Debbie Frank's Cosmic Ordering Guide to Life, Love and Happiness

Taylor Trade Publications

This book considers the relevance of ritual theatre in contemporary life and describes how it is being used as a highly cathartic therapeutic process. With contributions from leading experts in the field of dramatherapy, the book brings together a broad spectrum of approaches to ritual theatre as a healing system.

Your Cosmic Compass Springer

OVER HALF A MILLION COPIES SOLD!

This is the classic guide to astrological history, legend, and practice! Readers

will enjoy simple, computer-accurate planetary tables that allow anyone born between 1900 and 2100 to pinpoint quickly their sun and moon signs, discover their ascendants, and map out the exact positions of the planets at the time of their birth. In addition to revealing the planets' influence on romance, health, and career, *The Only Astrology Book You'll Ever Need* takes a closer look at the inner life of each sign. Celebrated astrologer Joanna Martine Woolfolk offers abundant insights on the personal relationships and emotional needs that motivate an individual, on how others perceive astrological types, and on dealing with the negative aspects of signs. Readers will also welcome the inclusion of new discoveries in astronomy. Lavishly illustrated and with

an updated design, this new edition is an indispensable sourcebook for unlocking the mysteries of the cosmos through the twenty-first century and beyond.

Good Strategy/Bad Strategy Mohr Siebeck

Discover the Positive Power of Gratitude Living as if each day is a thank you can help transform fear into courage, anger into forgiveness, and isolation into belonging. Authors Nina Lesowitz and Mary Beth Sammons present a simple yet comprehensive approach for incorporating gratitude into one's life and reaping its many benefits. The book is divided into ten chapters, including "Ways to Stay Thankful in Difficult Times," "....." "Gratitude as a Spiritual Practice," and "Putting Gratitude into Action." Each chapter includes stories of

individuals whose lives have been transformed by thankfulness, motivational quotes and blessings, and suggested gratitude practices. Whatever is given - even a challenging moment - is

a gift. With this book, you will be able to feel more connected to the flow of life and less alone in your struggles and fears.