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Coaching Guides in each sport, Competition Guides, and the Special Olympics Summer and Winter Rules Book are available in print and online in several languages. For an overview of resources for each sport, check out our Sports and Games Center. Code of Conduct. Special Olympics is committed to the highest ideals of sport and expects all coaches to honor sport and Special Olympics. All Special Olympics coaches agree to observe a code of conduct. Coaching Resources - SpecialOlympics.org Coach Guide for Special Olympics Unified Sports® Creating a Unified Team - Basketball 2017 This document was developed for people, mostly PE teachers and coaches, who want to start a Special Olympics Unified Basketball Team. It includes general information about the Unified Sports® Program and instructions how to build a Unified Basketball team. Coach Guide for Special Olympics Unified Sports® Special Olympics Coaching Fellowship In addition, this guide was created as part of the U.S. Department of State-funded Special Olympics Coaching Fellowship. Thank you to the 2013 American Fellows for their dedication and enthusiasm writing this guide and to their fellow athletes and coaches in Special Olympics. Their efforts and expertise Athlete-Centered Coaching Guide - Special Olympics Basketball is a favorite Special Olympics sport. This basketball sport center draws together sport news and stories, upcoming events and links to the Special Olympics Basketball Coaching Guide. Basketball - SpecialOlympics.org There are many different skill levels demonstrated by Special Olympics athletes, and the coach has the responsibility of learning the skill level of each athlete. Using that knowledge, the coach takes the resources provided in Athletics Coaching Guide - Special Olympics Principles of Special Olympics Coaching. The Coach & Competition Series: Pt. 1 - Before Competition ... Warm Up & Cool Down. Special Olympics Competition Guide for Coaches. Sport Rules Forms. Rules Change Proposal Form. Rules Changes Criteria for Evaluation. Athlete & Coach Development. Athlete Development Model ... Basketball • Coaching ... Sports & Coaching - Special Olympics Resources Special Olympics Basketball Coaches Quick Start Guide Sample Training Session Special Olympics athletes generally respond to a simple, well-structured training routine. A structured routine can be a positive experience for Special Olympics athletes because it provides familiarity, stability and consistency. February 2008 - Special Olympics Basketball - Cover 1 f Table of Contents for the Digital Edition of Basketball Butt Kicks Push-Ups Dribbling Practice Dribbling: Protecting the Ball Two-Handed Bounce Pass Teaching Catching One-Handed Set Shot Teaching a Lay-up Teaching Defense Repetitive Jumping Rebounding Agility Footwork Activities Basketball Basketball - Special Olympics Special Olympics Coaching Guide - digital version; Special Olympics Coaching Guide - printable version; Additional Coach Resources. Some trainings may have an associated cost. Please check with your local program coordinator before purchasing if you will wish to be reimbursed for this expense. Dynamic Warm-up and Sprint Drills Coach and Sport Resources - SONC - Special Olympics North ... Special Olympics Delaware 619 S. College Ave Newark, DE 19716 302.831.4653 302.831.3483 fax. Excellence · Inclusion · Integrity · Respect · Trust the Team. The Core Values of Special Olympics Delaware embody our culture, spirit and commitment to do our best at all times. These values guide and inform our collaboration, our innovative programming, the design and delivery of meaningful opportunities and our promotion of understanding, acceptance and inclusion for the benefit of people with ... Basketball | Special Olympics Delaware Special Olympics Maine 125 John Roberts Road, #5 South Portland, Maine 04106. Ph (207) 879-0489 Fx 1-888-490-0672 Basketball - Special Olympics Maine Special Olympics offers 30-plus Olympic-style

individual and team sports that provide meaningful training and competition opportunities for persons with intellectual disabilities. This page presents coaching guides, rules, quick-start guides and more. Sports - SpecialOlympics.org Individual skills competition allows Special Olympics athletes to develop sports skills in a competitive format designed as a stepping stone for athletes to team competition. The individual skills offered for basketball are passing, dribbling, and shooting. Basketball - Special Olympics West Virginia Special Olympics Basketball Coaching Guide - October 2007 15 Special Olympics Basketball Coaching Guide Teaching Basketball Skills Stretching-Quick Reference Guidelines Start Relaxed Do not begin until athletes are relaxed and muscles are warm Be Systematic Start at the top of body and work your way down Progress from General to Specific Start general, then move into event specific exercises Easy Stretching before Developmental Make slow, progressive stretches Do not bounce or jerk to stretch ... Teaching-Basketball-Skills.pdf - BASKETBALL COACHING GUIDE ... "Special Olympics New York is proud to offer a Fall Sports Season that takes into account the varying needs of athletes and coaches while also prioritizing the health and safety of our community as New York State continues to navigate the impact of COVID-19. Our return to play ensures an opportunity for every athlete to get back in the game ... 2020 Fall Sports Season | Special Olympics New York Everyone deserves a chance at a happy and purposeful life. Yet people with intellectual disabilities face doubt, barriers, and low expectations. For many, Special Olympics is the only place where they find an opportunity to participate in their communities, develop belief in themselves, and feel like champions. DONATE NOW Basketball - Special Olympics Wyoming Coach Development Model Our volunteer coaches help Special Olympics athletes reach their best level of skill and performance. These resources can be used by Program sport directors to recruit and train coaches to reach their own heights of achievement.

Special Olympics offers a comprehensive set of Coaching Guides in each sport, Competition Guides, and the Special Olympics Summer and Winter Rules Book are available in print and online in several languages. For an overview of resources for each sport, check out our Sports and Games Center. Code of Conduct. Special Olympics is committed to the highest ideals of sport and expects all coaches to honor sport and Special Olympics. All Special Olympics coaches agree to observe a code of conduct.

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Basketball is a favorite Special Olympics sport. This basketball sport center draws together sport news and stories, upcoming events and links to the Special Olympics Basketball Coaching Guide.

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