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Have A Happy Pregnancy: Teach Yourself
Another Alice
Get Started in Beginner's Spanish: Teach Yourself
Understand The Cold War: Teach Yourself
Nietzsche - The Key Ideas: Teach Yourself
Get Started In Massage
ENGLISH FOR SHARIA ECONOMICS
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50 Ways to Improve your German: Teach Yourself
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Phenomenology
Understand the Middle East (since 1945): Teach Yourself
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50 Ways to Improve your Spanish: Teach Yourself
Printable Solar Cells
Thrifty Living: Teach Yourself
Back a Winning Horse
Tackle Your Toddler's Behaviour: Teach Yourself
Sweet and Simple Knitting Projects: Teach Yourself
Boost Your Baby's Development
Help Your Child to Read: Teach Yourself
Owl Hall
Web-Based Learning Technologies in the Studies of English for Specific Purposes in Higher Education
Wine Tasting
Judaism - An Introduction: Teach Yourself
Geology - The Key Ideas: Teach Yourself
Understand Humanism: Teach Yourself

Improve Your Bridge: Teach Yourself
World Faiths - An Introduction: Teach Yourself

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KADE SANTOS

Have A Happy Pregnancy: Teach Yourself World Scientific

Understand the Middle East (since 1945) is an essential guide to one of the world's most turbulent regions. It examines the origins and development of the events which have dominated the headlines for the last six decades. Covering everything from religion and politics in the aftermath of the Second World War to the Israeli-Palestinian conflict, war in Iraq and the terrorism of the present day it will change the way you think about the region. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding. THINGS TO REMEMBER Quick refreshers to help you remember the key facts.

Another Alice Hachette UK

* do you lack the confidence to say no? * do you feel that people sometimes take you for granted? * would you like strategies that will help you communicate your needs openly and calmly? Teach yourself Assertiveness will help you if you're struggling to make yourself heard. It will show you how becoming more assertive can change every part of your life for the better, and give you techniques and strategies to make assertive behaviour a part of your life. You will learn how to give and receive criticism, make and receive compliments, cope with anger, fear and, most importantly, to say 'no' without feeling guilty. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of asserting yourself. THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

Get Started in Beginner's Spanish: Teach Yourself eBook Partnership

Help Your Child to Read: Teach Yourself shows you how to develop your child's skills and foster a love of books from an early age. From discovering the benefits of singing and rhyming together to learning letters and later helping them at school, it gives you all the practical advice you need to confidently help your child, whatever their age and reading ability. Teach Yourself - the world's leading learning brand - is relaunched in 2010 as a multi-platform experience that will keep you motivated to achieve your goals. Let our expert author guide you through this brand new edition, with personal insights, tips, energising self-tests and summaries throughout the book. Go online at www.teachyourself.com for tests, extension articles and a vibrant community of like-minded learners. And if you don't have much time, don't worry - every book gives you 1, 5 and 10-minute bites of learning to get you started. - Gives your child a head start - Shows you how to read with

your baby - Explains how to teach basic letters - Shows you how to help them make progress at school

Understand The Cold War: Teach Yourself Hachette UK

This practical guide to knitting covers everything from simple stitches to the latest and more advanced methods, giving you everything you need to become an experienced knitter and create fun projects for family, friends and for your own wardrobe. Ideal for the beginner/intermediate knitter, this book will show you how to master the techniques and apply them to an array of exciting and diverse projects. Get Started with Knitting: Teach Yourself is fully illustrated with diagrams and patterns for everything from beanie hats to baby toys, and also features instructions for setting up your own knitting group and joining the rapidly growing online knitting community. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of knitting.

Nietzsche - The Key Ideas: Teach Yourself Hachette UK

This book is a concise guide to the major religions around the world. Become familiar with the history of each faith, its core beliefs, and how it is practised today. Whether you're studying theology or just want to know more about the faiths that shape our world, this clearly structured guide offers everything you need to get started. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of psychology. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

Get Started In Massage Hachette UK

Is this the right course for me? Do you have a working knowledge of German, but want to improve? Allow this book to come to your rescue and eliminate basic errors and slips of the pen. Each one of 50 top tips for improving your spoken and written German is presented and analysed across a whole double page, with explanations as to where and why people sometimes go wrong. The tips are grouped into grammar, spelling, false friends, pronunciation and cultural faux pas sections. There's even free downloadable audio content available to help you with your pronunciation. Polish your German with this brand new series from Teach Yourself - the No. 1 brand in language learning. 50 ways to improve your German touches all essential bases and is divided into easily digestible. Learn effortlessly with a new easy-to-read page design and interactive features: Only got a minute? A 60-second introduction to German to get you started. Only got five minutes? Get to grips with German and its common pitfalls even if you're short of time. Only got ten minutes? Use your free time wisely to learn something about the German language. Insights Instant help with common problems and

quick tips for success, based on Sieglinde Klövekorn-Ward's many years of experience. Test yourself Tests online to keep track of your progress. Articles Extra information to keep you motivated. Summaries Quick refreshers to help you remember the key facts. Grammar Easy-to-follow building blocks to give you a clear understanding. Pronunciation Don't sound like a tourist - polish your pronunciation before you go. Audio Downloadable audio support online to help with key areas - iPod/MP3 compatible. For your free audio download please visit:

www.hodder.co.uk/TYLfreedownloads

ENGLISH FOR SHARIA ECONOMICS Macmillan Elt

With a focus on phenomenological methods, this new edition of Shaun Gallagher's highly regarded textbook provides a comprehensive introduction to phenomenology considered as a philosophical and interdisciplinary practice. Phenomenology 2e encompasses both the classic 20th century explications of phenomenology as well as recent developments in the practical and scientific uses of phenomenology. Key features: Explores debates about naturalizing phenomenology and reviews recent extensions of phenomenological methodology. Relates the phenomenological analysis of intentionality to discussions of enactive perception. Includes a discussion of the phenomenology of performance and a new chapter on critical phenomenology. Examines specialized topics in phenomenology, including Husserl's concept of hyletic data, embodiment, time-consciousness, action, intersubjectivity and self-consciousness. Each chapter concludes with suggestions for further reading. This book is essential reading for all undergraduate and graduate philosophy students taking courses in phenomenology. It is also ideal for use on cognitive science modules that incorporate a phenomenological perspective.

Macmillan English Grammar in Context Hachette UK

Have a Happy Pregnancy is a comprehensive guide not only to what to expect and when to expect it, but also to developing a confident, assertive and empowered approach to your pregnancy and your life as a new parent. Divided into sections covering early days pre- and post-conception, the pregnancy and the birth, it will explain all the facts and outline all the choices available to mothers, fathers and birth partners at every stage. It will also offer practical advice and reassurance on the changes which will inevitably be taking place - not only physically, but also emotionally and socially. It offers support for both mother and father, and uniquely gives you all the information you need to know after the birth, including strategies for feeding and how to cope with the return to work. With plenty of supporting resources and a supportive tone throughout, it will help you to feel positive and confident about your pregnancy. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of how to achieve a happy pregnancy. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

50 Ways to Improve your German: Teach Yourself Cambridge University Press

Change Your Life with Emotional Intelligence takes Daniel Goleman's revolutionary psychological theory and transforms it into practical self-help for you to boost emotional awareness in any part of

your life. It introduces you to the principles of EI, explaining why the qualities of assertiveness, perception, motivation etc really matter if you want to live a fulfilled and successful life. The book takes an applied approach, encouraging you first to understand your own emotional identity, then to develop life skills like developing a sense of responsibility, overcoming anger and being more assertive. It will help you to use these skills to transform relationships with those around you, either in the workplace or in personal relationships and will even offer insight into how to help your children develop emotional intelligence. It is full of interactive exercises, top tips and and motivational quotes and offers plenty of further resources. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of emotional intelligence. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

Complete Gaelic Beginner to Intermediate Book and Audio Course Hachette UK

English for Sharia Economics is written to fulfil students' need in learning English for Specific Purposes. This book is designed to provide an opportunity for the students to develop their English skills more communicatively and meaningfully. It consists of twenty eight units. Each unit presents reading, writing, and speaking sections. Reading section mainly consists of pre-reading, reading comprehension, and vocabulary exercises related to the topic of the text. However, some reading sections have additional authentic text and its exercise. In writing section, some structure and sentence patterns are presented from the easiest to the most difficult exercises. Meanwhile, in speaking section, students are provided with models and examples followed by practical activities presented in various ways. The materials have been arranged and graded in accordance with students' language levels. To improve the quality of this textbook, criticisms and suggestions for better editions are highly appreciated.

Get Started with Origami Cambridge Scholars Publishing

Understand the Cold War provides a fascinating insight into this complicated and hidden conflict, from how it began to the main characters involved and the culture it created. It will help you understand how the superpowers grew and vied for dominance, and how the balance was lost. All the important aspects of the war are covered, from what JFK and his assassin had in common to a discussion of whether the tension ended after the fall of the Berlin Wall. Give yourself the opportunity to understand the global reach of this 45-year-long conflict, which shaped the latter half of the twentieth century. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding. THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

Change Your Life With Emotional Intelligence Hachette UK

Wherever your theatre interests lies, this is an essential book for you. It covers a wide range of key

issues, from tips on coping with first night nerves, to a full section on health and safety, to funding and taxation. Illustrated with handy guides to lighting and staging and containing essential resources, this book will enable you to have a successful show. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of amateur theatre. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

Be the Best Grandparent Hachette UK

Do you want to be able to read classical Latin with confidence? Find all the essential tools in this best-selling course from Teach Yourself - the No. 1 brand in language learning. Latin grammar is explained systematically and carefully, and graded readings from Martial, Vergil, Caesar, Ovid, Cicero and others - even graffiti from Pompeii - bring it to life and give a context to the vocabulary. Extra material is provided online at www.teachyourself.com/latin to enhance your learning experience. Learn effortlessly with a new easy-to-read page design and interactive features: NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. GRAMMAR TIPS Easy-to-follow building blocks to give you a clear understanding. USEFUL VOCABULARY Easy to find and learn, to build a solid foundation for understanding. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at: www.teachyourself.com/latin to give you a richer understanding of the culture and history of ancient Rome.

Complete Latin: Teach Yourself Hachette UK

Are you looking for a complete course in Gaelic which takes you effortlessly from beginner to confident speaker? Whether you are starting from scratch, or are just out of practice, Complete Gaelic will guarantee success! This edition is fully updated to reflect the published spelling conventions, and has complete audio support online. The course is structured in thematic units and the emphasis is placed on communication, so that you effortlessly progress from introducing yourself and dealing with everyday situations, to using the phone and talking about work. By the end of this course, you will approach Level B2 of the Common European Framework for Languages: Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible without strain for either party. Learn effortlessly with a new easy-to-read page design and interactive features: NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. GRAMMAR TIPS Easy-to-follow building blocks to give you a clear understanding. USEFUL VOCABULARY Easy to find and learn, to build a solid foundation for speaking. DIALOGUES Read and listen to everyday dialogues to help you speak and understand fast. TEST YOURSELF Tests in the book and online to keep track of your progress. TRY THIS Innovative exercises illustrate what you've learnt and how to use it. Access the audio for this course for free by downloading it to the Teach Yourself Library app or streaming it

on library.teachyourself.com. Rely on Teach Yourself, trusted by language learners for over 85 years. *Flexible Electronics: From Materials To Devices* Hachette UK

This book is part of the Macmillan English Grammar In Context series, a three-level grammar practice series with a difference. Incorporating contextual examples in grammar practice activities, Macmillan English Grammar In Context is a grammar book that can be used in both the classroom and for self-study. Key Features: Grammar explanations with traditional practice activities and contextual examples Cross-curricular content areas include: literature science, geography, history and social sc

Make Your Show a Success: Teach Yourself Hachette UK

Be the Best Grandparent: Teach Yourself gives practical advice and plenty of suggestions for fun activities to do with your grandchildren, whether you are far apart and see them infrequently or if you regularly see them. It also offers support and help for grandparents with caring responsibilities or family conflicts which prevent them from contact. Written on behalf of the UK's leading Grandparenting charity, the book shows a new grandparent how they can support the growth of their grandchild, with advice on behaviour and discipline, and guidance on how to be involved and supportive without interfering. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of building your role as a grandparent. THINGS TO REMEMBER Quick refreshers to help you remember the key facts.

Be More Assertive Hachette UK

Be a Great Single Parent: Teach Yourself offers a step-by-step, sensible and jargon-free guide to all the things that most concern you, from what being a single parent means to you and your child emotionally, how to cope with the practical realities day-to-day, and how to socialise with parents like yourself and benefit from the many support networks available. There will be plenty of expert emotional support and useful advice for fathers, mothers and other family members whatever their domestic situation, and relevant do's, don'ts and further resources throughout NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of navigating the role of single parent. THINGS TO REMEMBER Quick refreshers to help you remember the key facts.

Understand The Weather: Teach Yourself Hachette UK

Teach Yourself - the world's leading learning brand - is relaunched in 2010 as a multi-platform experience that will keep you motivated to achieve your goals. Let our expert author guide you through this brand new edition, with personal insights, tips, energising self-tests and summaries throughout the book. Go online at www.teachyourself.com for tests, extension articles and a vibrant community of like-minded learners. And if you don't have much time, don't worry - every book gives you 1, 5 and 10-minute bites of learning to get you started. Robert Harbin's pioneering book

provides a comprehensive introduction to this simple and inexpensive, yet creative and absorbing art form. It includes a complete history of origami (or the art of paperfolding), from its origins in the twelfth century. It provides information on the essentials of origami, followed by over 400 diagrams with clear and easy-to-follow instructions that show how to create a range of models. The book's aim is to provide a new dimension in enjoyment, infinite and unrivalled in its capacity to make you relax and forget everything else. Teach Yourself - the world's leading learning brand - is relaunched in 2010 as a multi-platform experience that will keep you motivated to achieve your goals. Let our expert author guide you through this brand new edition, with personal insights, tips, energising self-tests and summaries throughout the book. Go online at www.teachyourself.com for tests, extension articles and a vibrant community of like-minded learners. And if you don't have much time, don't worry - every book gives you 1, 5 and 10-minute bites of learning to get you started. Robert Harbin's pioneering book provides a comprehensive introduction to this simple and inexpensive, yet creative and absorbing art form. It includes a complete history of origami (or the art of paperfolding), from its origins in the twelfth century. It provides information on the essentials of origami, followed by over 400 diagrams with clear and easy-to-follow instructions that show how to create a range of models. The book's aim is to provide a new dimension in enjoyment, infinite and unrivalled in its capacity to make you relax and forget everything else. This new edition has been revised by David Brill, of the British Origami Society, and includes new diagrams for the reader to follow to make new models.

Essential German Verbs: Teach Yourself Hachette UK

Nietzsche remains one of the most influential philosophers of our time and this book is the definite guide to his philosophy. Whether you're a philosophy student struggling with phrases like 'the superman' and 'the will to power', or whether you simply want to understand more about the life and

work of this fascinating man, this easy-to-navigate guide will help you to demystify Nietzsche's influential ideas and discover his legacy to modern thought. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of psychology. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.

CLIL Activities with CD-ROM Hachette UK

Back a Winning Horse will help you make smart choices and win at the track. Whether you are a novice better or an experienced punter, it has all the tips and advice to help you spot a winner and enjoy this popular national pastime. This new edition has been brought right up-to-date with interactive features. It explains not only such basics as the form and the nature of the races, but will also explain in full where to bet, how to bet, and how to do so successfully. It offers full and unique coverage of the latest phenomena, such as internet betting, online betting exchanges and spread betting. It also gives you vital tips in addition to providing practical information on how to avoid credit card fraud and how to make a successful selection. NOT GOT MUCH TIME? One, five and ten-minute introductions to key principles to get you started. AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience. TEST YOURSELF Tests in the book and online to keep track of your progress. EXTEND YOUR KNOWLEDGE Extra online articles at www.teachyourself.com to give you a richer understanding of horse racing. FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts. TRY THIS Innovative exercises illustrate what you've learnt and how to use it.